



Crab Cakes

LIST of INGREDIENTS:

- 1 can lump crab meat
- 1 oz lemon juice
- 1 tbsp cajun seasoning
- 1 tbsp creole mustard
- 1 cup mayo
- 3 shakes tabasco
- 1 red bell pepper - diced
- 1 green bell pepper - diced
- 1 small red onion- diced
- 1 cup panko bread crumbs

the Method

Combine all the ingredients and mix well.
Season to taste.

On medium heat cook them for about two minutes
per side or until golden brown.

Serve with remoulade sauce.

